

## SUSHI COMBINATION

★ Served with miso soup

<b>Veggie Combo</b> vegetable roll, yam tempura roll, avocado roll	15.95
<b>California Combo</b> salmon (2), tuna (2), ebi, nigiri & Cali roll	15.95
<b>Dynamite Combo</b> salmon (2), tuna (2), ebi, nigiri & dyna roll	16.95
<b>Roll Combo</b> dyna roll, cal roll, salmon roll, tuna roll	18.95
<b>Sashimi &amp; Sushi Combo</b> tuna and salmon sashimi 6pcs, nigiri 4pcs	18.95
<b>Spicy Roll Combo</b> spicy tuna roll, spicy salmon roll & spicy chopped scallop roll	19.95

## MAKI SUSHI

<b>Tamago Roll / Salmon or Tuna Roll</b>	3.5
<b>Kappa / Oshinko / Inari Roll</b>	3.5
<b>Asparagus Roll</b>	3.5
<b>Wild Salmon Roll</b>	4.5
<b>Smoked Salmon Roll</b>	4.5
<b>Negitoro Roll / Negi Hamachi Roll</b>	4.5
<b>Gomae Roll</b> spinach, sesame sauce	5.5
<b>Avocado Roll / Avo Kappa Roll</b>	5.5
<b>Avo Mango Roll</b>	5.5
<b>Yam Tempura / Vegetable Roll</b>	5.95

### Classic Roll (6-8pcs)

<b>California Roll</b>	5.95
<b>BC Roll / Avo Salmon Roll</b>	6.95
<b>Dynamite Roll</b>	6.95
<b>Spicy Salmon or Spicy Tuna Roll</b>	6.95
<b>Chopped Scallop Roll</b>	6.95
<b>Spicy Chopped Scallop Roll</b>	6.95
<b>Teriyaki Beef or Chicken Roll</b>	6.95
<b>Unagi Roll</b> BBQ freshwater eel / cucumber	7.5
<b>Crazy Boy Roll</b> deep fried California	7.5
<b>Crazy Girl Roll</b>	8.5
<b>Real Crab California Roll</b> crazy boy with cream cheese & jalapeño	10.5
<b>Spider Roll</b> 6pcs real crab meat, avocado, cucumber, deep fried soft shell crab, tobiko on top	11.5

## SPECIAL ROLL

<b>Lady Mango Roll</b> mango, avocado, yam tempura with tropical mango salsa	9.95
<b>Philadelphia Roll</b> California, cream cheese with smoked salmon on top and sweet mayo sauce	10.95
<b>Alaska Roll</b> California based with salmon sweet mayo sauce on top	10.95
<b>Crunch GoGo Roll</b> spicy tuna roll and tempura bits spicy sauce on top	9.95
<b>Spicy Tuna Tempura Roll</b> deep fried spicy tuna roll, cucumber, tempura bits, spicy sauce, avocado, tobiko	10.95
<b>Red Dynamite Roll</b> dyna based with spicy tuna, tempura bits on top, tobiko	12.95
<b>Drunken Tiger Roll</b> 2pcs prawn tempura, cucumber, avocado, cream cheese with 4pcs ebi, chilli mayo sauce	12.95
<b>Rocky Mountain Roll</b> fresh shrimps, avocado mix on top of real crab california roll with creamy sweet mayo sauce	13.95
<b>Rainbow Roll</b> California based with salmon, tuna, ebi, hamachi, chilli mayo sauce on top	13.95
<b>Mr. Prawn Roll</b> 4pcs prawn tempura, avocado, cucumber on top, shrimp popcorn	12.95
<b>Hawaiian Roll</b> salmon, cream cheese, cucumber, avo, mango with sockeye salmon, coconut flakes on top	13.95
<b>Caterpillar Roll</b> California, 2pcs unagi, cucumber, sliced avocado, tobiko on top	13.95
<b>Red Dragon Roll</b> spicy California with prawn tempura & 3pcs salmon avocado on top	14.95
<b>Black Dragon Roll</b> California 2pcs prawn tempura, 3pcs unagi & avocado, tobiko on top	14.95
<b>Dancing Queen Roll</b> 2pcs prawn, California roll, green onion, seared tuna, tobiko on top	14.95
<b>Popcorn Roll</b> California 2pcs prawn tempura roll, deep fried spicy scallop, yam bits, tobiko on top	14.95
<b>Tarantula Roll</b> multi grain rice, real crab, 8pcs California with soft shell crab, tobiko on top	15.95
<b>Totoro Roll</b> 8pcs negitoro roll, 8pcs torched tuna belly sashimi, green onion on top	15.95
<b>Sakura Roll</b> (vegetable) soybean paper, asparagus, oshinko, red beet, yam tempura, avocado, cucumber, spinach, shiitake	14.95

<b>Gangster Roll</b> 2pcs prawn tempura, real crab, avocado with 3pcs unagi, 2pcs salmon, tobiko, green onion	15.95
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<b>Baked Molten Rock Roll</b> real crab California roll, baked scallop, cucumber, avocado, chili mayo sauce, tobiko, green onion	15.95
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<b>Spicy Bomb Roll</b> deep fried 2pcs prawn tempura roll, crabmeat, tobiko & spicy tuna sashimi on top	15.95
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<b>Mega Lobster Roll</b> whole lobster tail, chopped scallop, cucumber, avocado, 2pcs unagi, torched sockeye salmon tobiko on top	16.95
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## LUNCH SPECIAL BOX

(11:00am - 3:00pm)

★ Served with miso soup

<b>Chicken Box or Beef Box</b> grilled chicken or beef, salad, spring roll, fruit, 4pcs California Roll, 3pcs dyna roll, tempura (1pc prawn, 3pcs vegetables)	14.95
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<b>Sashimi &amp; Sushi Box</b> 2pcs salmon, 2pcs tuna sashimi, 3pcs nigiri (tuna, salmon, ebi), 4pcs California roll, 3pcs dyna roll, salad, spring roll, fruit, tempura (1pc prawn, 3pcs vegetables)	17.95
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<b>Vegetable Box</b> tofu teriyaki, 5pcs yam roll, salad, potato croquette, fruit, 4pcs vegetable tempura	14.95
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## DINNER BENTO BOX

(3:00pm - 8:30pm)

★ Served with miso soup

<b>Chicken Box or Beef Box</b> grilled chicken or beef, salad, spring roll, fruit, 5pcs dyna roll, tempura (2pcs prawn, 3pcs vegetables), ebi sunomono	19.95
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<b>Sashimi &amp; Sushi Box</b> 2pcs salmon, 2pcs tuna sashimi, 3pcs nigiri (tuna, salmon, ebi), 6pcs dyna roll, salad, spring roll, fruit, tempura (2pcs prawn, 3pcs vegetables), ebi sunomono	21.95
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<b>Vegetable Box</b> tofu teriyaki, 6pcs yam roll, salad, potato croquette, fruit, 4pcs vegetable tempura, avo, veg sunomono	18.95
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\* Please advise staff on any food allergies.

\* Price may subject to change without prior notice.

# Ladysmith Sushi WARA

JAPANESE RESTAURANT

CALL US FOR PICK UP ORDER  
**250. 924. 7001**



OPEN HOURS

Wed - Sun 11 AM ~ 8:30 PM

\* Monday & Tuesday Closed

#31-370 Trans-Canada Hwy  
Ladysmith, BC, V9G 1T9

[www.ladysmithsushiwara.com](http://www.ladysmithsushiwara.com)

Instagram icon LadysmithSushiWara

**STARTER**

<b>Potato Croquette</b> 2pcs	<b>4.95</b>
panko breaded and deep fried mashed potato croquette with katsu sauce	
<b>Edamame</b> boiled soy bean	<b>4.95</b>
<b>Agedashi Tofu</b> 7pcs, deep fried tofu	
<b>Original</b>	<b>6.95</b>
with oroshi tempura sauce, radish & bonito on top	
<b>Spicy</b> with house spicy sauce	<b>7.95</b>
<b>Mango</b> with mango salsa	<b>7.95</b>
<b>Sunomono</b> cold vermicelli noodle	
<b>Veg</b> avocado and cucumber on top	<b>3.95</b>
<b>Ebi</b> cooked shrimp on top	<b>4.95</b>
<b>Kani</b> real crab on top	<b>5.95</b>
<b>Tako</b> octopus on top	<b>5.95</b>
<b>Spring Roll</b> 6pcs, deep fried	<b>6.95</b>
<b>Takoyaki</b> 6pcs, cooked octopus ball, fish flakes on top	<b>7.95</b>
<b>Gyoza</b> 6pcs, Japanese dumpling, pork	<b>7.95</b>
<b>Karaage</b> fried chicken with sweet chilli sauce	<b>8.95</b>
<b>Crazy Jalapeno</b> 4pcs	<b>9.95</b>
cream cheese and spicy chopped tuna in side jalapeno	
<b>Tuna Goma</b> tuna sashimi, spinach with goma sauce	<b>9.95</b>
<b>Skewer Yakitori</b> grilled chicken, 2 skewers	<b>8.95</b>
<b>Monkey Brain</b>	<b>8.95</b>
deep fried 4pcs avocado, spicy tuna, crab, spicy sauce	
<b>Crispy Crab Cake</b> 3pcs	<b>15.95</b>
deep fried real crab, sweet mayo and lime	
<b>Wara Tower Sashimi</b>	<b>18.95</b>
real crab meat, avocado, shiitake mushroom with salmon and tuna sashimi, tobiko, spicy mayo, BBQ sauce, balsamic reduction, pesto, olive caper	
<b>Sushi Pizza</b> 4pcs, with deep fried sushi rice dough	
<b>Original</b>	<b>13.95</b>
salmon and tuna, chopped cucumber and avocado tobiko, green onion with BBQ and spicy mayo	
<b>Crab Salmon</b>	<b>13.95</b>
crab meat, salmon, tobiko, green onion with BBQ and spicy mayo	
<b>Volcano</b>	<b>13.95</b>
chopped spicy tuna, cucumber jalapeño, avocado, tobiko, green onion with spicy red sauce, spicy mayo	

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**SOUP & SALAD**

<b>Miso Soup</b> Japanese bean paste soup	<b>2.00</b>
<b>Gomae</b> boiled spinach with sesame sauce	<b>5.25</b>
<b>Wakame Salad</b> seaweed salad	<b>5.25</b>
<b>House Green Salad</b>	<b>8.95</b>
organic greens, cucumber, house salad dressing, avocado, orange, baby tomato	
<b>Sashimi Salad</b>	<b>15.95</b>
organic greens, cucumber avocado, baby tomato, chef's choice assorted sashimi, soy ginger dressing	
<b>Wara Dream Salad</b> for 2 persons	<b>19.95</b>
organic greens, cucumber, avocado, shiitake mushroom, baby tomato, tuna tatakai, real crab, shrimp edamame, orange, red beet with soy ginger dressing	

**TEMPURA**

★ Extra Prawn \$1.75, Vegetable \$1.50

<b>Appetizer Tempura</b>	<b>7.95</b>
2pcs prawns & 3pcs vegetables	
<b>Yam Tempura</b> 5pcs Yam	<b>6.95</b>
<b>Vegetable Tempura</b> 7pcs mixed vegetables	<b>9.95</b>
<b>Prawn Tempura</b> 4pcs	<b>6.95 / 6pcs 9.95</b>
<b>Assorted Tempura</b>	<b>14.95</b>
4pcs prawns & 6pcs vegetables	

**DONBURI**

★ Served with miso soup

<b>Tofu Don</b>	<b>12.95</b>
deep fried tofu and vegetables	
<b>Chicken or Beef Don</b>	<b>13.95</b>
chicken or beef teriyaki on rice bowl	
<b>Prawn Ten Don</b>	<b>13.95</b>
5pcs prawn tempura on rice bowl with teriyaki sauce	
<b>SUSHI DONBURI</b>	
★ Served on sushi rice bowl	
<b>Salmon Don</b> 7pcs salmon sashimi	<b>15.95</b>
<b>Tuna Don</b> 7pcs tuna sashimi	<b>15.95</b>
<b>Unagi Don</b> 6pcs BBQ eel	<b>18.95</b>
<b>Chirashi Don</b> Japanese style chef's sashimi	<b>23.95</b>

**TERIYAKI SKILLET**

★ Served with miso soup and steamed rice  
★ Add \$1.5 for mixed rice (Brown Rice)

<b>Tofu Teriyaki</b>	<b>13.95</b>
deep fried tofu and vegetables	
<b>Chicken or Beef Teriyaki</b>	<b>15.95</b>
grilled chicken OR thinly sliced beef and vegetables	
<b>Salmon Teriyaki</b>	<b>18.95</b>
grilled salmon and vegetables	
<b>Seafood Teriyaki</b>	<b>19.95</b>
tuna, salmon, tai, prawn and vegetables	

**NOODLE**

<b>Udon (noodle in soup)</b>	
<b>Vegetable</b>	<b>10.95</b>
<b>Chicken or Beef</b> grilled chicken or beef, vegetable	<b>11.95</b>
<b>Spicy Ramen</b> ramen with egg, vegetable	<b>11.95</b>
<b>Spicy Seafood</b> assorted seafood and green mussel	<b>13.95</b>
<b>Nabeyaki</b> seafood, chicken, egg, 2pcs prawn tempura	<b>15.95</b>
<b>Yaki Udon (pan fried thick noodle)</b>	
<b>Vegetable</b>	<b>11.95</b>
<b>Chicken or Beef</b> grilled	<b>13.95</b>
<b>Seafood Yaki Udon</b>	<b>14.95</b>
<b>Yaki Soba (pan fried thin egg noodle)</b>	
<b>Vegetable</b>	<b>11.95</b>
<b>Chicken or Beef</b> grilled	<b>12.95</b>

**NIGIRI SUSHI**

<b>Tamago</b> egg / <b>Inari</b> bean curd	<b>1.85</b>
<b>Sake</b> salmon / <b>Maguro</b> tuna / <b>Ebi</b> shrimp	<b>2</b>
<b>Sockeye</b> wild salmon / <b>Chopped Scallop</b>	<b>2.25</b>
<b>Hamachi</b> yellowtail / <b>Tako</b> octopus	<b>2.5</b>
<b>Toro</b> tuna belly / <b>Ika</b> squid	<b>2.5</b>
<b>Tobiko</b> flying fish roe / <b>Hokkigai</b> surf clam	<b>3</b>
<b>Unagi</b> eel / <b>Ama Ebi</b> sweet vow shrimp	<b>3</b>
<b>Kani</b> real crab	<b>3</b>
<b>Assorted Sushi</b> 9pcs	<b>19.95</b>
botan ebi, hamachi, unagi, salmon, tako, tuna, hokkigai, toro, sockeye salmon	

**SASHIMI**

★ Add sauce: + \$0.50

<b>Salmon Atlantic</b>	<b>5pcs 9.95   7pcs 13.95</b>
<b>Tuna Albacore</b>	<b>5pcs 9.95   7pcs 13.95</b>
<b>Salmon &amp; Tuna</b>	<b>5pcs 9.95   7pcs 13.95</b>
<b>Sockeye wild salmon</b>	<b>5pcs 11.95   7pcs 15.95</b>
<b>Toro Albacore tuna belly</b>	<b>5pcs 11.95</b>
<b>Tako</b> octopus	<b>5pcs 11.95</b>
<b>Hamachi</b> yellow tail	<b>5pcs 13.95</b>
<b>Spicy Tuna</b>	<b>16.95</b>
with spicy sauce & spring mix	
<b>Tuna Tataki Sashimi</b> 7pcs	<b>16.95</b>
seared tuna, organic greens, pesto olive, balsamic reduction, caper with ponzu	
<b>Assorted Sashimi</b> 16pcs	<b>35.95</b>
3 salmon, 3 tuna, 3 sockeye salmon, 3 toro, 2 hamachi, 2 tako	
<b>Kura Deluxe Assorted</b> 22pcs	<b>45.95</b>
3 salmon, 3 tuna, 3 sockeye salmon, 3 toro, 3 hamachi, 3 tuna tatakai, 2 hokkigai, 2 tako	

**PARTY TRAY**

★ Served with miso soup (2-4)  
★ Please advise staff on any food allergies.  
★ Price may subject to change without prior notice.

<b>Veggie Party Tray (2 miso soup)</b>	<b>32.95</b>
39pcs: yam, vegetable, avocado, asparagus, kappa, oshinko, nigiri (3pcs inari)	
<b>Party Tray A Roll (2 miso soup)</b>	<b>44.95</b>
34pcs: California roll, dynamite roll, yam roll, salmon, tuna, nigiri (2pcs each - salmon, tuna, ebi, chopped scallop)	
<b>Party Tray B Roll (3 miso soup)</b>	<b>49.95</b>
53pcs: California roll, dynamite roll, yam roll, spicy salmon roll, spicy tuna roll, kappa, nigiri (3pcs each - salmon, tuna, ebi)	
<b>Party Tray C Roll (3 miso soup)</b>	<b>59.95</b>
52pcs: rainbow roll, dynamite roll, yam roll, avo kappa, spicy tuna, spicy salmon, philadelphia roll, nigiri toro roll	
<b>Party Tray D (2 miso soup)</b>	<b>69.95</b>
sashimi (3pcs salmon, 3pcs tuna, 3pcs sockeye, 3pcs toro) 42pcs: black dragon roll, red dynamite roll, negitoro roll, nigiri (2pcs each - salmon, tuna, ebi, hamachi)	